



Dress Code

At the Barn

Headwear: A properly fitted ASTM/SEI approved equestrian helmet is **REQUIRED**. (Four Gs Equestrian has helmets to get you started.) Hair neatly in a ponytail or braid(s) is acceptable, however hair up in a hairnet is preferred. *The maximum useful lifespan of a riding helmet is five years, from the date of first wear, depending on frequency of use. Even if you haven't been in an accident with your helmet, it's important to replace it after it expires past this time. This is due to natural wear and tear on the materials.*

Shirt: Riders must wear equine attire made for the sport or a collared shirt and must be tucked into riding pants. **NO tank tops or baggy shirts.**

Pants: Riders must wear equine attire made for the sport. A belt is preferred and is to be worn with shirt tucked into riding pants.

Footwear: Closed toed shoes are to be worn around the barn, and riding boots while on horseback.

Extra Protection: We recommend a properly fitted equestrian airbag vest for all riders who have reached the proper minimum weight. Safety stirrups are also suggested.

Rider and Horse

Horses and riders in lessons and/or hacking should be neatly presented. This includes the dress code above, clean boots and tidy hair for the rider. Horses should be properly groomed (fly sprayed, no manure stains, no shavings in tail) and have appropriate tack specified for the horse (i.e. Stuffies, Martingale, boots, half pad, crop or dressage whip, spurs).

Why have a dress code?

Foremost, riding attire is designed for function and safety. Also, our sport is very traditional and conservative. Members representing Four Gs Equestrian will maintain the traditional image both at the barn and events in which the rider is representing the barn. Additionally, the proper attire helps trainers critique your equitation and position on the horse.